



Date: 4/17/20

Dear Parents/Guardian:

Students enrolled in Health classes will receive instruction in comprehensive sexual health education and HIV prevention education beginning April 28 – June 1, 2020. The teacher will present material to better inform students about the most current health information regarding the human body and personal relationships. The instruction will be age appropriate, objective, and factually and medically accurate. This curriculum, as approved by the District and delivered by the health teacher, will provide your child the most current and appropriate information available.

Students will be provided current information on the topics listed below:

- ✚ Reproductive Anatomy and Human Reproduction
- ✚ Life Planning
- ✚ Healthy Relationships
- ✚ Relationships and Violence
- ✚ Family Planning, Abstinence and Contraception
- ✚ Informed Decision Making
- ✚ The HIV/AIDS Epidemic
- ✚ Myths and stereotypes about HIV infection
- ✚ Preventing Sexually Transmitted Infections
- ✚ Gender, Gender Expression and Gender Identity
- ✚ Responding to Media and Peer Pressure
- ✚ Accessing Community Resources

As defined in *EC* Section 51931(f), instruction is medically accurate if it is verified or supported by research conducted in compliance with scientific methods and published in peer reviewed journals and recognized as accurate and objective by agencies with expertise in the field, such as the Centers for Disease Control and Prevention, the American Public Health Association, the American Academy of Pediatrics, and the American College of Obstetricians and Gynecologists. Further, *EC* Section 51934 (b) states that medically accurate information may also be obtained from the United States Surgeon General and the National Academy of Sciences.

You can examine written and audiovisual instructional materials used in comprehensive sexual education and HIV prevention education in the Heritage Principal's Office. If you have questions, please see/contact the teacher or principal. State law allows you to remove your student from all or parts of comprehensive sexual health education or HIV prevention education. Request to "opt out" of all or parts of the comprehensive sexual education or HIV prevention education must be written and given to the teacher. Students who are "opted out" of all or parts of the curriculum will participate in alternative educational activities and will not be penalized. For more information, you may request copies of Education Code Sections 51933, 51934, 51937, 51938 and 51939 through the Principal's Office.

For additional information, questions and answers, regarding comprehensive sexual health education, HIV and STI instruction please visit the California Department of Education website (<http://www.cde.ca.gov/ls/he/se/faq.asp>).

Please contact me Nicole Spear, spearn@luhsd.net, if you have questions about the program.